



Marymount
Manhattan
College

Residential Wellness Pledge

Fall 2020—Spring 2021

Updated: 11.4.20

Page 3: An update was made to reflect the addition of the “test-out” option for travelers from restricted states

Page 7: Updates were made to reflect a change in College Breaks options

Marymount Manhattan College (MMC) aims to provide a residential environment that enables student learning and provides a safe place for students during the global COVID-19 pandemic. MMC is guided by public health practices and will promote shared responsibility among all members of the residential community – students and residential staff included.

Because COVID-19 infects individuals by spreading across and within close community networks, it is essential that every one of us in the residential community enters into a shared obligation and commitment to act prudently, safely, and in accordance with public health directives. Those who live on campus take on the shared risk of the community and the obligation to protect others. Residential students must be particularly sensitive to the fact that their neighbors or fellow residents are impacted by their decisions. Though we have reduced the density of the residence halls for the fall semester, strong communication skills and empathy for others will be important characteristics to cultivate to ensure a safe and enjoyable living environment.

All students who wish to live in on-campus housing throughout the 2020-2021 academic year must read, understand, acknowledge, and agree to the rules and guidelines that will be in place in the coming academic year. These rules and guidelines may be updated and revised as we receive additional guidance from local, state, and federal officials. Students residing on campus will be required to sign the [MMC Residential Wellness Pledge](#).

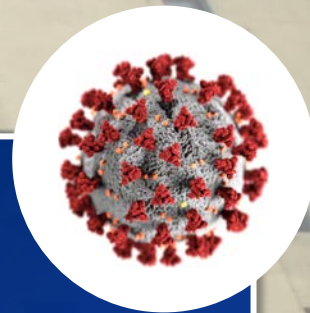


The MMC Residential Wellness Pledge

As a Marymount Manhattan Residential Student,

1. I understand that the College has adopted the following requirements to promote the collective well-being of our community, and specifically the students and staff living or working in the residence halls during this time period.
2. I further understand that my ability to enter and remain on the MMC campus as a residential student is conditional upon my adherence to these policies.
3. I will follow these policies not just for my own health, but also to protect and safeguard the health of those around me, including MMC Dining Services, Facilities personnel, and other staff who live and/or work in our buildings.
4. I acknowledge and agree that these rules and guidelines may change as life on campus and public health guidance in New York and across the country evolve and as new testing and tracing methods emerge, and I agree to abide by any new rules and guidelines implemented by MMC in the residential setting.

Testing, Screening, and Contact Tracing



1. I understand and will comply with all NY Travel Advisories and quarantine guidelines upon arrival or return to the residence hall.
2. If I test positive for COVID-19, I will share truthful information with the contact tracers (either associated with MMC or with the NYC Department of Health) about others who may be at risk, and I will notify safety@mmm.edu and residencelife@mmm.edu as soon as possible of a positive test result.
3. I will participate in the electronic screening questionnaire provided by MMC before moving into the residence hall, and will participate periodically as requested by my resident advisor, campus safety official, or other campus administrator throughout the semester when accessing Main Campus and residence halls. I will answer the screening questionnaire truthfully and will not come to main campus or leave my suite if I fail any of the screening questions.



Self-isolation, Quarantine, and Preventative Health

1. If I develop any symptoms of COVID-19, I will immediately contact the Dow Zanghi Student Health Center, seek guidance, and comply with the medical instructions I am given. I will also notify safety@mmm.edu and residencelife@mmm.edu.
2. If directed, I understand I may be temporarily relocated to another living space, on- or off-campus, in order to isolate or quarantine, should a COVID-19 diagnosis be suspected or confirmed. If such a move is necessary, I will vacate my existing space and move my belongings to the new space within 24 hours. I understand that failing to do so may result in being required to leave campus housing immediately.
3. If I test positive for COVID-19, I will comply with the public health and self-isolation guidelines set by the Center for Disease Control (CDC).
4. If I am found to have been in contact with someone who has tested positive, I will comply with all self-quarantine protocols.

Social Distancing, Face Coverings, Social Gatherings, and Behavioral Requirements

1. I will wear a face mask or facial covering in any areas outside of my apartment/suite (i.e., any public areas, including hallways, laundry rooms, lounges, common areas, elevators, dining services, and other public spaces in the residence hall or main campus buildings).
2. I will follow MMC's directives for social distancing in residential spaces and other campus buildings and areas, keeping at least 6 feet of physical distance between myself and others whenever possible.
3. I will keep my contact information and emergency contact information updated in MMC Connect, **and I will contact residencelife@mmm.edu to update my medical card information if necessary.**
4. I will follow protocols established by Marymount Manhattan or by the New York City Department of Health to limit exposure for others.
5. For my own safety and the health of others, I will make virtual socializing or one-on-one interactions the first options for social contact.
6. If any in-person gatherings are allowed, I will follow all current, posted guidelines at Marymount Manhattan, in indoor or outdoor settings, and I will neither host nor attend any gathering that exceeds the maximum number indicated.





Personal Hygiene

1. I will clean AND disinfect frequently touched surfaces in my room and suite daily, including tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, faucets, sinks, etc., and I will follow the posted protocol for cleaning provided by MMC and the Center for Disease Control (CDC).
2. If a Facilities member is in my suite to complete a work request and I am present, I will wear a face covering and keep at least 6 feet of physical distance.
3. I will practice good hygiene, including thorough and frequent hand washing and the use of hand sanitizer, especially when returning from outside, after using a restroom, and before meals.
4. When washing my hands, I will do so for at least 20 seconds or use alcohol-based hand sanitizer with at least 60% alcohol when soap and water are not available.
5. I will avoid touching my eyes, nose, and mouth as much as possible, and I will cover any coughs and/or sneezes with a tissue or my inner elbow.



Marymount Manhattan College

Travel and College Breaks

1. I understand it is best that I remain in the immediate area throughout semesters I am living on campus. If I must travel during the semester, I will notify residencelife@mmm.edu and comply with any return policies or directives, which may include testing and quarantine.
2. In the event that MMC must reduce building occupancy, I understand I must coordinate my own travel home to comply with the deadlines set by MMC and/or New York City/State.
3. I will notify Residence Life regarding my plans for the Thanksgiving break, the Fall 2020 “Final Stretch” period, Winter Break, January Session, and Spring Break. In the event the residence halls close during any of the breaks, you will be responsible for retrieving all your belongings by a yet-to-be-determined date in the spring semester. Options for retrieval include:
 - a. Scheduling a socially-distanced pick-up
 - b. Working with a College-identified packer/shipper to ship your belongings home at your expense
4. I understand that, due to the rapidly changing facets of COVID-19, a decision about Spring Break will be made in the early spring, and I agree to honor the parameters and expectations identified by Residence Life at that time.



Guests, Security, and Access

1. I understand that no guests are permitted in the residence halls. I understand that “guest” herein means anyone not assigned to live in that particular residence hall. This includes MMC students living in other residences on campus, MMC students living off-campus, or external guests, such as siblings/family, friends from other campuses, or students from other NYC institutions.
2. I will only access my own residence hall and will not access other residence halls.
3. I will not provide access to MMC buildings to anyone.



MarymountManhattan

MMC Residential Wellness Pledge and Community Accountability

1. If at any point I find I am unable to comply with the rules set forth in this compact, I will remove myself from campus and complete my semester remotely. I understand that if I do not do this voluntarily, I may be subject to removal from residence by the College.
2. I acknowledge that these rules and guidelines may change as life on campus and public health guidance in New York and nationally evolves and as new testing and tracing methods emerge.
3. I agree to abide by any new rules and guidelines set forth by the College in order to remain in residence.
4. I acknowledge that the *MMC Residential Wellness Pledge* is part of the Residence Life policies, and MMC staff is responsible for reviewing serious concerns related to these expectations, up to and including judicial action as outlined in the [*Resident's Guide to Community Living*](#).

[Sign the Pledge](#)